

# SI for Women

## Week 2

*"Habit is a cable; we weave a thread of it everyday,  
and at last we cannot break it."*

Horace Mann

### Review HMWK

- SA Self Evaluation

*"Sex addiction is a little different. Sex addicts can hide their addiction for years. You can be the president of the United States and be sexually addicted, but you can't be chemically addicted and maintain that level of responsibility. Drug addicts and alcoholics need chemicals to support their habit, but sex addicts can carry on an affair in their mind. Sexual images and experiences can feed a habit for years. The problem is they can't seem to clean up their mind. Three viewings of pornography can have the same lasting impression on the mind as actual sexual experience."*

("Overcoming Addictions" by Neil Anderson and Mike Quarles, pg. 37)

- What is an Addict?

### The Path to Addiction (2 Sam. 11 and 2 Sam. 13)

- Innocent Infatuation

- Mental Obsession

- Expressed Lust

- Hated Control

The Addiction Cycle (illustration)

- Why do we do it?
  - 1.
  - 2.
  3.
    - Ultimately, like Eve, we have bought into the lies of the deceiver.
- What is Freedom?
- View of Sexuality Self Evaluation
  - We ALL are saturated with lies when it comes to sexuality!
  - Goal:
    - What is it that we really want?
      - Good News!

*Discussion groups:*

- How was I impacted by last week's homework?
- Why am I scared of God's sexuality?
- Pray for everyone!

## HMWK

- **What Do We Want From Love** exercise
- Readings from *Your Single Treasure*
- Meditation: James 1:17
- Spiritual Warfare!